



FIAS NEEDLE POLICY AND RULES

International Competitions of the International SAMBO Federation (**"FIAS"**) are "needle-free" for all participating athletes (**"Athletes"**).

Needles **must not be** used except by:

- a. medically qualified practitioners for the clinically justified treatment of injury, illness or other medical conditions (for which a valid TUE may be required); or
- b. those requiring auto-injection therapy for an established medical condition with a valid TUE, e.g. for insulin dependent diabetes. It is the responsibility of each Athlete, his/her entourage and each National SAMBO Organization (**"NSO"**) to ensure compliance with this FIAS Needle Policy.

Each NSO must ensure that:

- I. Any needles, and associated clinical materials, intended for use by members of its delegation are stored in a central secured location, access to which is restricted to authorized medical personnel of the NSO delegation. Athletes with a valid TUE for the use of insulin, and non-athletes requiring other forms of auto-injection may keep appropriate materials with them if safely stored and disposed of in accordance with point (b) above;
- II. All used needles and associated materials (vials, syringes, and swabs) are safely disposed of in an appropriate bio-hazards container (e.g. "sharps bin"). If necessary, these may be procured from the medical team of event organization;
- III. Whenever an Athlete receives an injection during the period of the FIAS-Competition (i.e. from the date of arrival and including the date of the Closing Ceremony), the attached "Injection Declaration Form" is duly completed and forwarded to the FIAS Therapeutic Use Exemption Commission (**"TUEC"**) via the FIAS Medical Delegate or representative of FIAS administration at the competition site no later than noon the day following such injection. This applies to all injections administered to Athletes whether they occur in the Athlete's accommodation, training hall, elsewhere in the Host Country of the FIAS-Competition or in another country;
- IV. Injection Declaration Forms are completed legibly in English and any additional evidence attesting to the need for injection therapy (e.g. imaging, laboratory reports), are attached. The completed Injection Declaration Form may be, e-mailed to anti-doping@sambo-fias.com or given to via the FIAS Medical Delegate or representative of FIAS administration at the competition site.

Acupuncture or the use of dry needling techniques is not considered to be a medical injection and thus an Injection Declaration Form is not required for these treatments.

Failure to respect this FIAS Needle Policy and Rules, including failure to submit a completed Injection Declaration Form to the FIAS TUEC, may expose the Athlete(s), the entourage of the Athlete(s), the NSO and members of its delegation as well as the person(s) having administered the injection to disciplinary action, additional testing and sanctions.

**Medical justification of injections:**

There is no justification for any Athlete (except those with an established clinical condition requiring auto-injection and a valid TUE), a coach or any other non-medically qualified person to administer an injection. Injections are only permitted when there is a clinically justified reason for such an intervention as determined by the FIAS TUEC. All completed Injection Declaration Forms will be reviewed by the FIAS TUEC. Any concerns identified as a result will prompt a review of the rationale and justification for the treatment by a panel of physicians convened by the FIAS TUEC. Ordinarily this review may include a meeting with the practitioner(s) involved in the administration of the injection.

If there is a dispute as to whether the medical justification of the injection is accepted as normal medical practice (as defined above), the issue may be referred to the FIAS Executive Committee by the Chairman of the FIAS TUEC.

If an Organiser of major international sports event like the Continental Games, University World Championships or similar also has rules in place regarding the subject matter dealt with herein, the rules of the relevant this organiser shall also apply. In the event of any conflict between such rules and the present FIAS Needle Policy and Rules, during the period of this event, the relevant Board shall resolve the discrepancy.



Needle Policy and Rules – Injection declaration form

(Please complete in block capital letters and in English)

Email to: anti-doping@sambo-fias.com

ATHLETE	
Full name of the Athlete having received the injection:	
National SAMBO Organization:	Competition name:
Date of Birth:	Gender:
INJECTION	
Substance(s) Injected:	
Date and place of injection:	
MEDICAL JUSTIFICATION	
Justification for injection, including clinical history and diagnosis (attach confirmatory evidence when available):	
PERSON HAVING ADMINISTERED THE INJECTION	
Name, mobile number and e-mail address of person having administered the injection:	
Speciality:	Licenced to practice in:
Signature of the person having administered the injection:	
<i>By my signature, I hereby confirm that the information in this form is true and accurate and that the injection was medically justified and necessary and administered in accordance with the FIAS Needle Policy and Rules, including safe disposal of needles and associated materials.</i>	
SIGNATURE:	DATE: